Our Lady of Lebanon
Altar Society’s
Annual Salad Supper Bingo

Wednesday, May 9, 2007
Doors open at 4:30
Supper Served at 6:00
Tickets $10
Tickets are available from any Altar Society Member or the church office.
No one under 18 years of age will be permitted

Our Lady of Lebanon
Office Hours
Monday 9am – 5pm
Tuesday 9am – 5pm
Wednesday 9am – 5pm
Thursday 9am – 5pm
Friday 9am – 5pm

Altar Server Schedule
May 13: Team 1
May 20: Team 2
May 27: Team 3

Fr. Jihad has forms from the Consulate of Lebanon for passport renewals, marriage &
birth registrations. If you are in need any of
these forms please see Fr. Jihad.

Clergy
Rev. Father Jihad Younes
Deacon Martin Rachid
Subdeacon Earl Matte
Subdeacon Charles Rossie

Parish Staff
Pam Aziz – Parish Secretary
Darrell Frye – Maintenance
Pat Haley – Caterer

Parish Leaders
Albert Zerka – Parish Council
Dee Gardner – Choir Director
Dottie Byrnes – Organist
Freda Hearsch – Religious Education
Cindy Shaheen – Altar Society
Jeanette Walterhouse – Morningstar
Rob Kowalk – Spiritual Growth Coordinator

Sacrament of Baptism, please contact the priest at least 1 month before the intended date for the
baptism.
Sacrament of Marriage, please contact the priest at least 6 months before the intended date for the
wedding.
Sick calls, please notify the Church office as soon as possible if you want communion for your sick. We
usually do sick calls on Wednesdays.

Pray for our sick and homebound Parishioners:
**Announcements**

There will be a brunch in honor of the Most Reverend Bishop Robert J. Shaheen and Chorbishop Fouzi Elia following our May Crowning.

Congratulations to our First Holy Communion children and their families. God Bless You!

The Ladies Altar Society is looking for donations of water and can pop for the salad supper bingo. Please drop your donation off at the church office.

If anyone is interested this year in donating prizes or money to the Salad Supper Bingo please see Mary Matte or Joanne Potts. Items can also be dropped off at the church office.

They are also looking for donations of salads. If you would like to make a salad please see Pat Pollack.

There will be a Prayer Service for all Altar Society members on Tuesday, May 8, 2007 at 5:30pm. Following the Prayer Service the ladies will be setting up for the Salad Supper Bingo.

Church cleaning for the Month of May:

Hala Kaspar, Eliane Zerka & Georgette Zerka

**MARK YOUR CALENDAR**

**MAY**

9 Altar Society Salad Supper Bingo
17 Ascension Thursday – Holy Day of Obligation

20 Altar Society Sunday

**JUNE**

24 Picnic in Honor of Our Mothers

**Weekly Contributions**

- April 8: $4621
- April 15: $2604
- April 22: $2371
- April 29: $2037

**Effects of Holy Communion**

Since the earliest times, the benefits of receiving the Body and Blood of Christ were spelled out to encourage frequent, even daily, Holy Communion.

Thus, St. Cyril of Jerusalem said that reception of the Eucharist makes the Christian a “Christbearer” and “one body and one blood with Him”. St. John Chrysostom speaks of a mixing of the Body of Christ with our body, “…in order to show the great love that He has for us. He mixed Himself with us, and joined His Body with us, so that we might become one like a bread connected with the body”.

These and other comparisons of how Communion unites the recipient with Christ are based on Christ’s own teaching, and St. Paul’s statement that, “the bread which we break, is it not the partaking of the Body of the Lord? For we, being many, are one bread, all that partake of this bread.” (1 Corinthians 10:16-17).

So, too, the church officially teaches that “Every effect which bodily food and bodily drink produce in our corporeal life, by preserving this life, increasing this life, healing this life, and satisfying this life - is also produced by this Sacrament in the spiritual life” (Council of Florence, November 22, 1439). Thus:

1. Holy Communion preserves the supernatural life of the soul by giving the communicant supernatural strength to resist temptation, and by weakening the power of concupiscence. It reinforces the ability of our free will to withstand the assaults of the devil. In a formal definition, the Church calls Holy Communion “an antidote by which we are preserved from grievous sins” (Council of Trent, October 11, 1551).

2. Holy Communion increases the life of grace already present by vitalizing our supernatural life and strengthening the virtues and gifts of the Holy Spirit we possess. To be emphasized, however, is that the main effect of Communion is not to remit sin. In fact, a person in conscious mortal sin commits a sacrilege by going to Communion.

On Christ’s own promise, Holy Communion is a pledge of heavenly glory and of our bodily resurrection from the dead (John 6:55). St. Irenaeus simply declared that, “when our bodies partake of the Eucharist, they are no longer corruptible as they have the hope of eternal resurrection”.

www.therealpresence.org

**Act of Contrition**

O, my God, I am heartily sorry for having offended you. I detest all my sins because of your just punishment, but most of all because they offend you, my God, who are all good and deserving of all my love. I firmly resolve, with the help of Your grace, to sin no more and to avoid the near occasion of sin. Amen

**After Communion Prayer**

We Thank You, Lord, for that you have fed us in this sacrament, united us with Christ, and given us a foretaste of the heavenly banquet prepared for all people. Amen.